

2016 West Van Run  
 West Vancouver, BC, CANADA  
 03/06/2016

10K Run/Walk Results – MALE TEAMS

Results by racedaytiming.ca

PLACE	AVG. TIME	TEAM NAME		
-----				
1.	2:55:57	VFAC		(0:35:12)
=====				
1	0:34:29	Drew Nicholson	M	6 (0:37:46) Dave
Stephens		M		
2	0:34:37	Robert Logue	M	7 (0:38:29) Fearghal
King		M		
3	0:34:59	Craig Dale	M	8 (0:39:08) Geoff
Scoates		M		
4	0:35:51	Hans Zimmerling	M	
5	0:36:01	Kyle Kimura	M	
2.	3:29:49	Team Sunshine		(0:41:58)
=====				
1	0:36:32	Ben Lui	M	5 0:47:58 Salvador
Daswani		M		
2	0:40:27	Gary Louttit	M	6 (0:58:35) Raymond D
¥Lima		M		
3	0:42:07	Johannes Minor	M	
4	0:42:45	Jeff Lew	M	
3.	3:37:18	West Van Run Crew		(0:43:28)
=====				
1	0:40:35	Milan Benacka	M	8 (0:54:44) Norman
Sawers		M		
2	0:41:13	Steve Monteith	M	9 (0:54:44) Bill Finlay
M				
3	0:41:17	Bryce Adams	M	10 (0:58:53) Maulen
Kalau		M		
4	0:46:12	Stephen Daniels	M	11 (1:01:13) Barry
Inouye		M		
5	0:48:01	Shayne Gregg	M	12 (1:03:31) Guan Lim
M				
6	(0:48:23)	Karl Landra	M	
7	(0:50:10)	Bradley Cuzen	M	

4. 3:37:44 West Vancouver School District (0:43:33)

1	0:39:41	Andreas Thompson	M	12	(0:56:16)	Onofre
Mejia		M				
2	0:42:35	Bryn Hammett	M	13	(0:56:44)	Paul Tsang
M						
3	0:42:56	Aaron Fuller	M	14	(0:59:08)	Rogelio
Mercado		M				
4	0:45:51	Graeme Davies	M	15	(0:59:12)	Chris
Kennedy		M				
5	0:46:41	Michael Finch	M	16	(1:01:23)	Oliver
Kollar		M				
6	(0:46:58)	Geoff Hamelin	M	17	(1:01:25)	Martin
Andrews		M				
7	(0:47:49)	Tirso Ibias	M	18	(1:09:03)	Joseph Tan
M						
8	(0:51:38)	Sean Nosek	M	19	(1:23:47)	Keith
Rispin		M				
9	(0:53:07)	Bryan Schofield	M	20	(1:27:17)	Connor
Payne		M				
10	(0:55:00)	David Zimmerman	M			
11	(0:55:56)	Hugo Paquin	M			

5. 3:37:55 The Run Inn (0:43:35)

1	0:35:32	Thomas Nobbs	M	6	(0:52:31)	David
Littlewood		M				
2	0:40:46	David Terrana	M	7	(0:53:43)	Don Young
M						
3	0:41:46	Greg McPherson	M	8	(0:57:47)	Martyn
Worsnop		M				
4	0:48:53	Kevin Ridley	M			
5	0:50:58	Kim Findlay	M			

6. 3:54:17 North Burnaby Runners (0:46:52)

1	0:39:41	Tyler Sparrow	M	4	0:47:15	Matt
Sparrow		M				
2	0:45:27	Tybon Wu	M	5	0:54:59	Adam Stone
M						
3	0:46:55	Carlos Rendon	M			

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10K Run/Walk Results - FEMALE TEAMS

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PLACE	AVG. TIME	TEAM NAME			
-----					
1.	3:59:37	Eat 2 Run		(0:47:56)	
=====					
1	0:43:44	Shira Daltrop	F	5	0:52:39 Tomoko
Nishimatsu		F			
2	0:44:35	Devon McGuire	F	6	(0:54:28) Susan Bosch
F					
3	0:46:50	Sarah Cuff	F	7	(1:06:50) Samantha
Kruse		F			
4	0:51:49	Cristina Oberti	F		
2.	4:03:39	West Van Run Crew		(0:48:44)	
=====					
1	0:40:00	Helene Pemmer	F	8	(0:57:36) Brie
Hemingway		F			
2	0:46:12	Misako Braaten	F	9	(0:57:59) Tami Tang
F					
3	0:51:00	Karen Zen	F	10	(1:01:43) Paula
Garcia		F			
4	0:52:06	Samantha Daigneault	F	11	(1:02:33) Jill Kenny
F					
5	0:54:21	Tracey Jackson	F	12	(1:17:59) Debra Kato
F					
6	(0:56:19)	Shannen Eis	F		
7	(0:57:09)	Chantal Trudeau	F		
3.	4:07:07	The Run Inn		(0:49:26)	
=====					
1	0:44:44	Fawn Vaitkus	F	7	(0:59:17) Anne Rankin
F					
2	0:49:37	Marie Archambault	F	8	(1:00:17) Kelly Bach
F					
3	0:50:08	Keyrsten McEwan	F	9	(1:00:35) Marlene
Worsnop		F			
4	0:50:23	Louise Southwood	F	10	(1:01:08) Alexandra

Libonati	F			
5	0:52:15	Rachel Littlewood	F	
6	(0:54:38)	Deborah Graham	F	
4.		4:09:28 West Vancouver School District		(0:49:54)
=====				
1	0:46:56	Christy Baker	F	36 (1:02:51) Aya
Williamson		F		
2	0:49:54	Jessica Hall	F	37 (1:03:16) Lorraine
Hartley		F		
3	0:50:08	Trisha Sampson	F	38 (1:03:19) Theresa
Javier		F		
4	0:51:14	Amy Rice	F	39 (1:03:29) Yasuko
Otsuka		F		
5	0:51:16	Pam Crowley	F	40 (1:03:40) Colleen
Denman		F		
6	(0:51:30)	Jana Pinto	F	41 (1:05:27) Lily Vu
F				
7	(0:51:41)	Julia Leiterman	F	42 (1:06:43) Jocelyn Liu
F				
8	(0:51:59)	Melissa Wozny	F	43 (1:06:44) Andrea
Crowdis		F		
9	(0:52:45)	Crystal Tanfara	F	44 (1:07:03) Debbie
Stewart		F		
10	(0:53:00)	Marcela Araya	F	45 (1:08:18) Doni
Gratton		F		
11	(0:53:21)	Tracy Rowbotham	F	46 (1:08:28) Marie-
France Boissonneault		F		
12	(0:53:23)	Diane Nelson	F	47 (1:13:04) Haley
Topnik		F		
13	(0:53:24)	Libby Bujas	F	48 (1:15:41) Meagan Mak
F				
14	(0:53:49)	Alexis Kozak	F	49 (1:23:52) Yvonne Yan
Bin Xian		F		
15	(0:53:56)	Andrea Barratt Fitzau	F	50 (1:23:53) Amy Yu
F				
16	(0:54:43)	Bess Underhill	F	51 (1:25:22) Renelle
Allard		F		
17	(0:54:43)	Amanda Randt	F	52 (1:25:23) Stina
Morissette		F		
18	(0:54:44)	Kathy Finch	F	53 (1:25:24) Sarah Fee
F				
19	(0:54:46)	Brigitte O'Brien	F	54 (1:25:54) Alex
Sweeney		F		
20	(0:55:00)	Jackie Wong	F	55 (1:27:16) Elina
Shirai		F		
21	(0:55:02)	Wei Wei (rache Lu	F	56 (1:29:03) Wendy
Harding		F		
22	(0:55:22)	Carrie Lehman	F	57 (1:29:31) Audrey Hall
F				

23 (0:55:28)	Alana Reemeyer	F	58 (1:33:59)	Susan Noble
F				
24 (0:55:34)	Helen Ding	F	59 (1:33:59)	Sharon
Pierce	F			
25 (0:58:41)	Mariam Pirbhai	F	60 (1:35:05)	Stephanie
Gatto	F			
26 (0:58:47)	Stephanie Jung	F	61 (1:36:29)	Heather
Legresley	F			
27 (0:58:59)	Jennifer Tang	F	62 (1:37:00)	Paula
Stevens	F			
28 (0:59:14)	Amy Iredale	F	63 (1:38:54)	Susan
Anderson	F			
29 (1:00:32)	Courtenay Houlden	F	64 (1:38:54)	Jennifer
Corlett	F			
30 (1:00:57)	Kim Grimwood	F	65 (1:38:59)	Ellie
Willock	F			
31 (1:00:58)	Hailey Mathiesen	F	66 (1:39:00)	Renee
Willock	F			
32 (1:00:59)	Maureen Lee	F	67 (1:41:01)	Dona Wang
F				
33 (1:01:43)	Alison Sawers	F	68 (1:41:03)	Amanda
Burkholder	F			
34 (1:01:57)	Christine Hulme	F	69 (1:41:04)	Hee-Jeung
Kong	F			
35 (1:02:21)	Julie Zimmerman	F		

5. 4:11:26 The Right Shoe (0:50:18)

1 0:44:11	Lara Penno	F	4 0:54:12	Melissa
Williamson	F			
2 0:45:56	Lisa Pearlman	F	5 0:54:30	Mary
Simmonds	F			
3 0:52:37	Carmen Rempel	F		

6. 4:25:41 Innovative Fitness West Van (0:53:09)

1 0:45:49	Rebecca Armstrong	F	5 0:57:43	Nancy
McKenzie	F			
2 0:50:15	Kelly Lavallie	F	6 (1:03:08)	Ingrid
Kusnierczyk	F			
3 0:55:53	Gabriella Varga	F	7 (1:04:12)	Roberta
Andrus	F			
4 0:56:01	Mary Darvill	F		

7. 4:35:29 Rackets and Runners (0:55:06)

1 0:40:25	Allison Tai	F	5 0:59:56	Carrie La
Pierre	F			
2 0:57:21	Anna Lee	F	6 (1:13:08)	Carol
Wagner	F			

3 0:57:51 Michele Zychlinski F  
4 0:59:56 Mercedes Mackie F

8. 4:37:00 Greyell Portfolio Management (0:55:24)

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1	0:46:33	Emilee Stremel	F	5	1:01:38	Carrie
Chatelain		F				
2	0:51:52	Sommer Cunningham	F	6	(1:02:53)	Lisa
Greyell		F				
3	0:58:28	Eileen Cowan	F	7	(1:04:09)	Penny Page
F						
4	0:58:29	Brie Fraser	F			

9. 5:06:49 Dang Good Booths (1:01:22)

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1	0:51:57	Maricar Mendiola	F	5	1:05:54	Christina
Dang		F				
2	1:01:59	Jenny Young	F	6	(1:11:17)	Christy
Hunter		F				
3	1:02:03	Diane Young	F			
4	1:04:56	Rithchellyn Suico	F			

10. 5:42:25 Karma (1:08:29)

=====

1	1:08:28	Sue Barnes	F	4	1:08:29	Karey
Messier		F				
2	1:08:29	Rummy Fleming	F	5	1:08:30	Anjeli
Bucovaz		F				
3	1:08:29	Michelle Sanders	F			